



# Mexico Volcanoes Climb

## TRIP INFORMATION PACKET

📍 Central Range,  
Mexico

🏔 18,491 ft. (5,636 m)

📅 February 28 - March  
7, 2026 and March 7 - 14,  
2026

💵 USD \$3,800



Trip begins in Mexico City, Mexico at Benito Juárez International Airport (MEX).

Please follow this 5 step checklist to complete your trip registration:

1. Signed Policies Document
2. Signed Health Questionnaire
3. Signed Release Form

Please fill out these three documents, scan and return them in an email to [admin@mtnprofessionals.com](mailto:admin@mtnprofessionals.com).

If you prefer to mail the documents:

Mountain Professionals  
PO Box 1468  
Boulder, CO  
80306

4. Make \$500 u.s. Deposit to secure your spot
5. Final balance of payment due 45 days before trip

## Price Includes

- Mountain Professionals Guides/Expedition Leader
- Transfer from Mexico City Airport to Amecameca, Tlachicuca and back
- Accommodation in Amecameca, Tlachicuca at Hotel and mountain huts
- Transfers to and from mountains via 4×4 vehicle
- All hut or camping fees for the climb

- Group climbing equipment, including tents
- All meals on expedition (see day to day schedule for more detail)
- First Aid Kits, Radios, safety equipment
- Access to solar panels, charging, satellite phone at base camp

## Price Does Not Include:

- Items of personal nature, individual travel costs to Mexico City, delays, taxis, etc
- Client contribution to the group tip pool for the hotel cook staff and drivers, (suggested \$100)
- Personal clothing and climbing gear on the equipment list
- Alcoholic and bottled beverages during the trip
- Recommended trip/travel insurance
- Guide tips

## Important Travel Information:

\*Please arrive in Mexico City Airport on arrival day before 2:00 p.m. This will allow us to collect our entire team in one transport van. Contact us with questions if this is an issue.

\* Please make your flight home departure for after 4:00 p.m on the last day of the itinerary.

## Projected Itinerary:

Please see the day-to-day meals that are included in your trip cost. The letters (B,L,D) for each day indicate that breakfast, lunch or dinner is included in the cost of your trip.

Day 1: Arrive in Mexico City (7,340') transport to Amecameca area and stay in a beautiful cabin setting to rest, have a team meeting and go over the equipment list.

Day 2: We take a transport to the Altzomoni hut (13,100') where we take a short acclimatization hike and overnight in the Altzomoni hut for acclimatization. (D)

Day 3: An extra day of acclimatization and a hike to a higher elevation to prepare for the ascent of Iztaccihuatl, sleep at the Altzomoni hut. (B,L,D)

Day 4: In the early a.m. we leave from the high camp for the summit day on Iztaccihuatl and return down to La Jolla in the late afternoon, for our transfer to Tlachichuca (7,000') in private van. Enjoy our local operator's hacienda for a shower and wonderful locally prepared meals. (B,L,D)

Day 5: Relax and regroup with an overview of the Orizaba climb, explore the Artisans' Market. (B,L,D)

Day 6: Transport via 4-wheel drive to Piedra Grande Hut (13,972') on Orizaba and set up our tents at the camp before taking a short hike up the first part of the climbing route. (B,L,D)

Day 7: Early a.m. departure for the Summit of Orizaba and return to the hut in the afternoon, transport to Tlachichuca and sleep in our hosts hacienda with celebration dinner. (B,D)

Day 8: Morning transport to Mexico City/Flights home. (B)

## **The Climb:**

Making successful ascents of Pico de Orizaba and Iztaccihuatl is an incredible achievement. They are the 3rd and 7th highest mountains in North America. The summit of Orizaba is 18,880 ft. (5636m) above sea level.

Pico de Orizaba and Iztaccihuatl are easily accessible from Mexico City, a short drive in private vehicles brings us to the base of the mountains. We begin with a transfer to Paso Cortez for an acclimatization hike up to 3600m and return to sleep at Amecameca cabins. The next day we travel to Altomoni hut for a short acclimatization hike around the hut and return to sleep at Altomoni. We then take an additional day at Altomoni hut for another short acclimatization hike around hut and return to sleep at Altomoni to prepare for the summit attempt on Iztaccihuatl. After the ascent we are picked up by a transfer vehicle and travel to Tlachichuca.

We will spend a night in town to take in the views of the mountain and sample the exquisite local cooking. Before making our way to the start of the climb on Orizaba, we have time to pack and organize equipment on the sunny grass of our logistics operators hacienda.

A 4-wheel drive truck ride will transport the group and gear to the Piedra Grande hut located at 13,972 feet on the mountain. Here we will take a hike and acclimatize on the lower part of the climbing route before getting an early night sleep. We are ready to climb to the summit in the early a.m. and then return to the camp to pack up our things and be ready for the transport to pick us up and return to our host's hacienda for a celebratory dinner.

## **Packing Information:**

The best method for transporting your personal gear and clothing is to use 1 lockable duffle bag and bring the climbing backpack as your carry on to the plane (Your actual mountain climbing pack can serve as your carry on for the flights to Mexico).

Bring one small bag which will be used as a storage bag for all your personal things you do not want to take to the mountain, as well as town clothes. These will be locked in storage at the hotel prior to leaving for the mountain gate. This is known as your Storage Bag.

You will be carrying your mountain backpack during the trip and have an additional 50 lb./ 23 kg. limit of additional gear, clothing, sleeping bag, personal snacks, books, cameras etc. This is known as

your Mountain Bag which will be in your lockable duffle and left at the hut during the climbs. Please stay within the 50 lb./ 23 kg. limit.

A travel wallet that you can hang around your neck and place inside your shirt is a safe way to carry your money and travel documents. Other tips for this type of travel include the following:

- Carry a photocopy of your passport page.
- Arrive at the airport with plenty of time to ensure your baggage is within weight limits and is properly checked through all the way to the destination.

## Food:

All the meals during the mountain expedition are included in the cost of the trip. Please see the detailed day to day explanation of when your meals are included. Meals on the expedition will be prepared by our very competent and skilled local guides. Breakfasts will include things such as fruits and vegetables, bacon, eggs, toast, hot cereal, tea and coffee.

Most lunches will be prepared as fresh meals such as chicken quesadillas, rice or pasta dishes, with starters, such as cheese and crackers, smoked salmon etc. Some on mountain days the lunches are simple trail lunches on movement days. Please have on hand additional snacks to supplement lunch such as fruits and nuts, or salty snacks. Energy bars are a great supplement for calorie intake. For guidelines, you should plan to bring about 1 Lbs./ 0.5 Kg of assorted snack foods.

Dinners will consist of soups, fruits and vegetables, rice and pasta dishes, chicken and desert. Our staff works very hard to have fresh meats and vegetables at the mountain hut and at high camp, ensuring a constantly varied and satisfying menu. Our goal is to have everyone feeling full and ready for rest each and every night!

While in the small town prior and post climb, we have incredible meals made by the local chef staff at our lodge... really great local food.

## Bringing Money:

Personal spending dictates the amount. \$200 in cash in small U.S. bills (20's and 10's are helpful for breaking. This is plenty of small money for traveling, buying presents, beverages, etc.

We ask that each climbing team member contribute approximately \$100 usd, to the group tip pool that we can donate to our drivers, cooks in Tlachichuca, and our assistant who watches equipment at base camps during the climbs.

## Tips:

\*Tipping guides; our team of mountain guides are passionate about what they do for a living and work hard to deliver the best expedition experience possible. Tipping from either individuals or a combined group is not a requirement but is greatly appreciated and is common practice in the American guiding industry.

## First Aid:

Our guides will be carrying a complete first aid kit which will include high altitude drugs. We ask you to carry a small personal kit, contents could include:

- Any personal prescription medications in their original containers
- Over-the-counter headache tablets such as Ibuprofen or Aspirin
- Over-the-counter stomach meds, such as Pepto Bismal
- If you have a history of severe allergic reactions -you should see your doctor about Epinephrine auto-injector (e.g., EpiPen)

Please note: If for any reason you choose to or must leave the trip earlier than our team's scheduled departure, you will be responsible for any costs incurred. This is why trip insurance is recommended.

## Additional Information:

Please start taking precautions regarding your health from the moment you step onto the plane for travel. Wash hands regularly and drink plenty of bottled water while in Mexico.

Please bring a small personal bottle of Purell type alcohol hand-sanitizer.

## Communications:

While in Tlachichuca and Mexico City: You have access to hotel telephones and a simple internet wifi at the hotel.

While on the Orizaba: We will have a satellite telephone that you can use at a cost of \$2 u.s. per minute.

Our team will post dispatches throughout the entire trip, with text and photo descriptions on the Mountain Professionals website under the NEWS tab. Friends and family can follow the adventure there.

## Charging:

If you need to charge something during the expedition, please think through any cords and chargers you would need as well as a converter for the local plug. Universal kits are available in outdoor/travel stores. We will have access to power outlets at base camp hotel locations. So charging on Base Camp hotels on rest days is the best option for your batteries. Mexico uses the same outlet as the United States.

## Contact information:

Mountain Professionals Direct Line:

(1) 303.956.9945

[admin@mtnprofessionals.com](mailto:admin@mtnprofessionals.com)

Main Contact: Ryan Waters, Director

Secondary Emergency Contact While on Expedition:

Dave Elmore, Expeditions Manager

[Daveelmore@mtnprofessionals.com](mailto:Daveelmore@mtnprofessionals.com)

## Useful Resources:

### Trip Insurance:

At Mountain Professionals, nothing is more important than our clients' health and safety. Although we do everything possible to ensure our clients have a safe experience, an illness or injury before or during your trip could require a medical evacuation or other unforeseen costs. That is why we want to recommend that you protect yourself with Global Rescue, the leading provider of medical evacuation and response services. Global Rescue - <http://www.globalrescue.com/mtnprofessionals/>

### Mexico Entry Visa:

ENTRY / EXIT REQUIREMENTS FOR U.S. CITIZENS: A valid passport is required for U.S. citizens to enter Mexico. U.S. citizens will get a visa upon arrival into Mexico at the customs clearance. No fee is needed for the USA residents. Please check your local Embassy website to see the requirements for your own specific country.

## Mountain Professionals Orizaba History:

Mountain Professionals is in a strategic position to offer over 18 years of experience leading expeditions to the summit of Pico de Orizaba and Iztaccihuatl. Our senior guides have worked in Mexico for many years and have developed a top-notch trip to climb Orizaba. From our very comfortable hotel to the private transports and superb camp meals, we have fine tuned each and every detail along the way for a seamless experience.

We have operated multiple expeditions on Orizaba since 2000. Our trips have enjoyed a very high success rate of approximately 95% and many of our expeditions have 100% summit success. This is due to our careful acclimatization schedule and professional guide staff.

We look forward to climbing with you in Mexico. Please do not hesitate to contact us with any additional questions.

[info@mtnprofessionals.com](mailto:info@mtnprofessionals.com)