







Lhotse Expedition

TRIP INFORMATION PACKET



 Himalayas, Nepal  27,940 ft. (8,516 m)  April 8 – May 26, 2026  USD 30,000

The trip begins in Kathmandu at Tribhuvan International Airport KTM.

Please make your flight arrangements to arrive in Kathmandu on the start date of the trip.

Please follow this 5-step checklist to complete your trip registration:

1. Signed Policies Document
2. Signed Health Questionnaire
3. Signed Waiver Form
4. Fill out the Bio Data Form for Permit
5. Pre-Trip medical letter O.K. by a physician for Nepal Ministry
6. Send a copy of passport page photo page, plus a passport photo headshot in email
7. Make Deposit to secure your spot
8. Final balance of payment due 60 days prior to trip start

- Please complete, scan, and return these three documents in an email to info@mtnpprofessionals.com If you prefer to mail the documents, please use the address below:

Mountain Professionals
PO Box 1468
Boulder, CO 80306

Price Includes:

- Mountain Professionals Guides / Expedition Leader.
- 1:1 Nepali Sherpa climber to client ratio for summit day.
- Expedition permit cost.
- Four nights private accommodation in Kathmandu at Aloft Hotel.
- Full board on twin sharing basis during the Trek and top teahouses.
- Flight from Kathmandu to and from Lukla.
- All transportation in Nepal as per itinerary.
- Yaks, porters, and guides to and from Base Camp.
- Cooks, full kitchen and climbing staff at Base Camp and Camp 2
- Staff equipment allowances, daily wages, insurance, and food.
- Carry bonus for Sherpa mountain staff.
- Heated and Carpeted- Dining Dome, shower and toilet tents, chairs and tables at BC and C2; Espresso and Coffee, comfortable Base Camp environment and highest quality food served at Lhotse.
- Hang Out Dome, heated and carpeted, meeting area, snacks, movie screen.
- Equipment allowances, daily wages, insurance, food and lodging for Liaison Officer
- Icefall and all route fixing costs.
- Personal Base Camp 6x7x6 foot box tent with Bed Mattress, pillow, carpet and storage area for personal items.
- Solar Power in your personal base camp tent and the hangout dome.
- Base Camp Wifi via the Mountain Professionals Starlink.
- Group climbing equipment, high altitude tents, stoves and fuel; high altitude food imported from the United States.
- Two way VHF radios and VHF Base Camp to mountain communications; full Base Camp satellite phone communication setup.
- 5 bottles of oxygen with use of Summit Oxygen mask and regulator.
- Oxygen from Camp Two to Camp Three on summit push and onward to summit.
- Individual membership at the Himalayan Rescue Association Doctors Facility.
- Comprehensive medical supplies and Wilderness EMT/First Responders.
- Weather Reports via Marc De Keyser's Expedition Weather.
- Team Dispatches via our website.

Price Does Not Include:

- International airfare to and from Kathmandu.
- Meals in Kathmandu, outside of breakfasts at the hotel and welcome dinner.
- Drinks, laundry, telephone calls and all other items of personal nature.
- Nepal entry visa, 90 days, available upon arrival at KTM Airport (\$125 usd).
- Personal climbing clothing and equipment.
- Optional Rest Drop Down to Namche prior to summit push. 3-days in Namche with helicopters to and from. Contact us if you prefer this add on for pricing.
- Optional Direct Helicopter ride from Base Camp back to Kathmandu after the climb.
- Evacuation / Rescue Insurance coverage (required).
- Staff gratuities for your personal climbing Sherpa and our Cook Staff (see below in the detailed description).
- Personal duffle porter and trekking guide tips for trek to base camp (\$150 usd contribution).

Projected Itinerary

Please reference the day-to-day meals that are included in your trip cost. The letters (B,L,D) for each day indicate that breakfast, lunch, or dinner is included in the cost of your trip.

- DAY 1** Arrive at Kathmandu Tribhuvan International Airport. You will enter the Check In/ Visa area. Please have your passport, extra passport photos, paperwork (which you fill in on the plane or in this lobby) and cash dollars to obtain your Visa (see Visa section below for details). You will then go downstairs to baggage claim. Once you have your bags, walk outside and look for the sign with your name. Our staff will meet you outside and transport you to our hotel in the Thamel region of Kathmandu. You do not need to tip anyone during this process. You are amongst our Nepali office staff upon pickup. (Welcome Dinner Included).
- DAY 2** Relax and enjoy the vibrant city of Kathmandu. Some organization of personal gear and needs. We will meet in the backyard of the hotel to go through the gear check and packing of expedition duffle bags plus weigh our bags for transfers to the mountain.
- DAY 3** Early morning 6:00 am departure for flight to Lukla and trek to Phakding at 8,700'.
- DAY 4** Today we will hike to the Sherpa town of Namche Bazaar. Here we visit the city and experience the people in the Sherpa Capital at 11,300'.

- DAY 5** Here we take another day in Namche to carefully acclimatize. We can take a museum tour or trek around the hills of this beautiful location. We will walk up 20 minutes to the Everest view location to see the mountains ahead.
- DAY 6** We will hike along the Dudh Kosi River and eventually make our way through the Rhododendrons to the Tengboche Monastery and take a break before hiking down to Deboche for the night.
- DAY 7** Today we hike to Dingboche at 14,000' and view the famous Ama Dablam.
- DAY 8** We will take a rest and acclimatization day here in Dingboche to ensure good health for the future days trekking up to higher altitudes.
- DAY 9** We walk along the Mani Stones and climb to the small village of Lobuche at 16,000'.
- DAY 10** Make our way to the final village with a short trek to Gorak Shep. We eat lunch and get moved into the teahouse and then go for a trek to the top of Kala Pattar and get stunning views of Everest. Tonight we sleep in Gorak Shep at 17,000'.
- DAY 11** We make our way to Everest Base Camp at 17,500'.
- Day 12-51** This is our climbing and summit window; we carefully pick the most stable weather and make our attempts sometime mid to late May.
- DAY 52-53** We have carefully planned in extra time to allow for a late weather window and to take down our camps and pack up. Three days trek from base camp to Lukla. We also travel back to Kathmandu via flight. Or Optional Helicopter transfer from Base Camp to Kathmandu for a fee.
- DAY 54** Down time in Kathmandu to celebrate and shop for gifts and enjoy our team celebrations and Departure Flight Home.

The Mountain Professionals climbing rotation plan consists of 2 rotations on the mountain prior to the summit push.

On the first rotation we will climb Lobuche East (20,075 ft. / 6,119m). We will depart Everest Base camp after some rest and go down to the village of Lobuche to sleep one evening there and then the following day we will climb to Lobuche base camp. The following morning we will ascend the peak and return to base camp. After sleeping in Lobuche Base Camp for one more night, we return to Everest Base Camp for a rest period of several days. The staff will begin our planning for the next climb to the higher camps.

On the second rotation we return to the upper mountain, sleeping in C1 for one night and the following morning go directly to Camp 2 at (21,000 ft. / 6,400m). Our C2 location serves as an advanced Base Camp of sorts where we maintain a comfortable dome dining tent and permanent cook staff. After sleeping in C2 for several days we climb the

Lhotse Face and we ascended (24,000 ft. / 7,300m) to Camp 3 preparation for the summit push.

Our normal program is to only tag Camp 3 on the acclimatization rotation and return back down to Camp Two for sleeping. We then return to base camp for the final resting period of approximately a week prior to the summit push, weather dependent.

It is recommended that people consider taking a drop down time period to rest in Namche for 3 days during the build up to the summit climbing rotation. Past team members have considered the rest taken down at a low elevation to be very helpful in gaining a refreshed sense of strength. The costs involved with the trip would consist of a shared helicopter flight to and from Namche as well as hotel and food costs. We can go over specifics with you in advance if you are interested in the Drop Down program. Summit Rotation: Once the summit day has been identified by our staff via detailed weather reports, we begin climbing the appropriate amount of days in advance to get in position to make a summit climb.

The estimated day schedule is:

1. Climb from Base Camp directly to Camp Two.
2. Rest day in Camp Two.
3. Climb to and sleep in Camp Three.
4. Climb to and sleep in Camp Four. Summit departure in evening/a.m.. Return to sleep in Camp Four.
5. Return to Camp Two.
6. Return to Base Camp.

The Expedition

We begin our expedition in Kathmandu on April 6th, our staff will pick you up at the Tribhuvan International airport and transfer you to our hotel the Aloft in the Thamel district of KTM. The first evening we will have a welcome dinner with the team. This is included in the trip cost. We will provide the 2 nights hotel while staying in Kathmandu before we leave for Lukla. You will be free to explore the amazing city for a couple days and get acclimatized to being in Nepal taking time to visit historic locations such as the Monkey Temple.

You will also have time to purchase any needed items or gear that you would like to take on the expedition. There are many shops in Thamel with all the name brand American and European gear companies. There are also medium sized supermarkets where you are free to shop for extra personal snack foods for the expedition. It is possible to buy all your own personal snacks in Kathmandu, such as candy bars, basic granola bars, nuts, chocolates, Pringles, etc. If there are specific snack foods you prefer from home, then you should plan to bring them with you upon arrival in Nepal.

After you have packed for the expedition, you may leave a spare duffle bag with city items in storage at our Hotel. This will be kept in a locked storage room throughout our expedition.

We will ask you to prepare one of your expedition duffle bags in Kathmandu with all the “Mountain Climbing Duffle” equipment that you do not need until we reach base camp. Your second duffle bag will be your “Trekking Duffle” which will follow us each day on the trek to base camp. We will explain the items for each and pack in Kathmandu.

On April 6th, we will transfer to the domestic airport and board a flight for Lukla, roughly 30 minutes flying time. Once we land in Lukla we will begin to trek. We arrange your personal trekking duffle bag with a porter and meet some of our local staff and begin the trek. We will visit the Sherpa capital village of Namche Bazaar. Visit the high Buddhist temple in Tengboche and take in views of some of the most famous mountains in the world such as Ama Dablam, Everest, and Lhotse.

This is the classic Himalayan Trek and travels directly through some of the most famous mountain terrain in the world. Our goal will be to reach the site of Everest Base Camp located at an altitude of over 17,000 feet. Along the way, we will trek through famous Sherpa villages and take in some of the most breathtaking views on the planet.

During the trek, we will sleep and eat our meals in carefully selected teahouses along the way. The trek to Everest Base camp will take us approximately 9 days. This allows a rest days in Namche Bazaar and Dingboche and a slow thoughtful acclimatization so we reach base camp feeling strong and healthy.

Training

The most important thing to think of when training for Mt. Lhotse is to remember “the better shape you’re in, the easier and more enjoyable the climb”. You do not have to be an expert climber but should have lots of high altitude trekking and climbing experience. What you need is to have strong cardiovascular fitness and be in good climbing shape. Being mentally prepared and excited about the challenge is equally important in our opinion.

We encourage people to use a goal like this as an excuse to get in great shape. Part of the fun of going on expeditions is the preparation. It is a lot easier to go to the gym or hit the trail for a nice, hard hike if you know you are going to a mountain, and it is fun to see yourself getting more and more fit as the trip approaches. Our training mentality for big climbing peaks is to train to go up and over the mountain.... not just to get to the top.

This is the world’s highest mountain climb. Each individual should be in great “climbing shape” and capable of traveling for a full day with a relatively light pack that includes extra clothing, lunch, water bottles, camera, and some personal items for many days in a row on climbing rotations.

In short, the best way to get in shape for the trip is to start early, get on a nice regiment of walking in the hills, biking, walking up stairs, and running. A nice way to do it is to slowly increase your regimen as time goes on so you can feel that you are making progress.

Skills

During our rest days at base camp. We will review the required skills. Your guides will review the use of crampons on the terrain we will encounter, which will include steep ice with the use of fixed ropes.. We will also cover rappelling, fixed line ascension technique, and overall safe team travel. The skills needed for a successful and safe ascent of the mountain will be reviewed for all participants. These skills should be things that Lhotse climbers are already familiar with.

Staffing

Your climb will be led by a senior Mountain Professionals veteran Everest and Lhotse Himalayan Mountain Guides with assistance from our local Sherpa guides. Other staff will include several cooks and support staff during the trek and while at base camp.

Visa

Visa is obtained upon entry at the airport. Have your Passport with a minimum of 6 months Valid Time before expiration date, \$125 usd cash, a passport sized photo ready (they will staple this on your paperwork), bring a pen with you on the flight so you can fill out the paperwork. US\$ 125 or equivalent foreign currency for Tourist Visa with Multiple Entry for 100 days. Keep any papers you receive with you during the trip.

Visa Area Instructions in KTM Airport: They tend to change things but as of last year. Walk into the area and go straight ahead to the Pay for Visa Desk. You will want to have your money in cash ready. Then you will turn to the right and get in line for the 90 day visa line. Hand them the receipt and all your papers along with the Passport photo and they will issue your Visa.

Additional Information

Please start taking precautions regarding your health from the moment you step onto the plane for travel. Wash your hands regularly and drink plenty of water.

Please bring a small personal bottle of Purell-type alcohol hand sanitizer.

We recommend drinking bottled water while in Nepal. On the expedition, you will be able to fill your water bottles from our cooks' large bottled water containers. While in towns, you will want to buy bottled water.

Packing Information

The best method for transporting your personal gear and clothing is to use 2 lockable and durable duffle bags.

In addition, you should bring a small simple storage bag which you can leave in Kathmandu at the hotel concierge for storage of clean city clothes and other items not needed on the mountain. You can easily buy one of these for cheap in Kathmandu.

You will be carrying your backpack during the trekking days into Base Camp. You are welcome to bring a small hiking pack for this section or you can use your on the mountain climbing backpack. In this you will need to carry your rainproof layers, water for the day, snacks, additional warm layers and warm hat, camera, etc.

You have an additional 46 kg/100 lb. total limit of gear split between your two 23 kg bags. All clothing, sleeping bags, personal snacks, books, clothing, personal things etc. Please stay within the limit as additional kilograms are expensive for transport and for the safety of our porters carrying loads to base camp. If you feel like you will need additional baggage, we will arrange additional porters for you at additional cost.

A travel wallet that you can hang around your neck and place inside your shirt is a safe way to carry your money and travel documents. Other tips for this type of travel include the following:

- Carry a photocopy of your passport page and extra passport sized photographs of yourself.
- Arrive at the airport with plenty of time to ensure your baggage is within weight limits and is properly checked through all the way to Kathmandu. Please double check that your baggage is either checked to KTM or know for sure if you need to collect your baggage and recheck onto connecting flights. Delayed baggage in KTM is stressful.

Food

All the meals during the Expedition portion are included in the cost of the trip. The meals during your time in Kathmandu before and after the trek are at your own expense. We do provide the first night's welcome dinner and all breakfasts at our hotel in Kathmandu. Food is generally very inexpensive in Nepal and there are many excellent places to eat around our hotel. You will be staying in Thamel District of Kathmandu, which is very tourist friendly.

Meals on the climb will be prepared by our talented Sherpa cook staff. They will include hot breakfast with omelets, bacon, pancakes, potatoes, cereals, coffee and morning tea, and lunch and dinner offer an extended menu of meats, pastas, rice dishes, chicken, steaks, pizzas, fresh breads, fruits and vegetables, fresh baked apple pies and more. The food is very good and our staff prides themselves on delivering excellent cuisine.

On the mountain we will provide high altitude meals for you in the tents. Please have additional personal snacks on hand. Please bring high altitude eating utensils which should include a light plastic bowl with lid, hot drink mug with lid, and spoon. Also if you prefer something special, bring things from home. Special instant soups, hot chocolate you love etc. It is a long trip, make yourself comfortable!

Please have additional snack food that you really enjoy on hand during the days. Examples are candy bars, fruits and nuts, or salty snacks. Energy bars are a great supplement for calorie intake. Plan to bring about 2-3 lbs. of assorted snack foods. Many, many snacks are available for purchase in Kathmandu.

Bringing Money

It is a hard suggestion to make, because personal tastes dictate the amount. However a good general suggestion is to bring a minimum of \$2500 in cash in U.S. bills. This will be enough to cover your entry visa and Nepali staff tips as well as leaving money for small things along your travels, buying presents, beverages, and some snacks. There are ATM machines in Kathmandu and Namche and it is very easy to change Dollars, Euros, and other major currencies.

It is an industry standard to tip on Himalayan peaks. We employ only the most talented climbing Sherpas and they are highly skilled guides, cook staff etc.

The Sherpas are very appreciative of and expect to receive a tip. It is common practice to Tip your climbing Sherpa \$1200+ USD or more if you feel they deserve more, which is very common. We ask that each climber put in the minimum of \$1000 USD amount at the culmination of the climb, regardless if you summit. These staff have been at our base camp for 3 weeks prior to our arrival making all the tent platforms for you, as well as stocking all the high camps and fixing tents and loads etc. If you summit and your Sherpa deserves more money in your mind, then you can add that amount to the \$1000 USD and give directly to them.

For our cook staff. We would ask each team member to put into the general tip pool \$600 USD into a group tip and we will make sure that the appropriate tip gets to each job done, head cook, Camp 2 cook, assistant cooks, water assistants, servers etc.

Trekking Staff tips: We will have a trekking only guide along the way to base camp. We recommend each climber contribute \$50 usd to their tip at the base camp. Also you will have a personal trekking duffle bag porter who carries your bag each day during the 9-day trek to base camp. We suggest a \$50 usd tip for your personal duffle bag porter.

We recommend that you take on the trek with you around \$200 usd changed into Nepali Rupees. Along the trek you will want to buy items such as wifi scratch cards, cokes, beers, coffee shop goods, etc.

At Base Camp, Mountain Professionals will provide WIFI via our Starlink System for free. Wifi scratch cards via the Everest Link System can be purchased for around \$75 usd per 1 gig card, up to a 10 gig card for around \$200 usd.

American guides; our team of mountain guides are passionate about what they do for a living and work hard to deliver the best expedition experience possible. Tipping from either individuals or a

combined group is not a requirement but is greatly appreciated and **is common in the American guiding industry, especially on Lhotse where it is normal practice to tip your western guides.**

First Aid

Our expedition team will have a comprehensive first aid kit. We also have direct medical consultation with our Doctor in the United States and the Himalayan Rescue Association Doctors at base camp. Each team member will be signed up at the (HRA) and can visit the Doctors should the need arise. We bring all the below in our team kit, but having small personal supplies helps keep our kit intact for later in the expedition.

Bring a small personal kit including:

- Any personal prescription medications in their original containers.
- Over-the-counter upset stomach medication.
- Acetaminophen, aspirin, ibuprofen, or other medication for headache or fever.
- Throat lozenges (These are very useful in the Khumbu during the Trek).
- If you have a history of severe allergic reaction you should consult your doctor about a prescribed Epinephrine auto-injector (also known as an EpiPen).

Please note: If for any reason you choose to or must leave the expedition earlier than our team's scheduled departure, you will be responsible for any costs incurred. Trip evacuation and cancellation insurance is highly recommended.

Mountain Professionals works closely with and recommends Globalrescue.com for emergency evacuation and medical services. Click [here](#) for information on their policies.

Charging Electronics

You should think through any cords and chargers you would need as well as a converter for the local plug. Universal kits are available in outdoor/travel stores and in Kathmandu.

During the Trek to Base Camp you can charge electronics at the teahouse each evening. At Base Camp, your individual tent will have a Solar Power system that accepts USB cords.

Additionally our team will supply several batteries and solar panels with a universal charger input that will accept several types of USA or European plugs, USBs, etc. at base camp for your use in your own personal base camp tent, the Dining Dome and Office/Lounge tents for larger electronics.

Communication

While in Kathmandu: Plenty of telephones and many internet cafes offer every type of communication. Wifi is available throughout our Hotel in Kathmandu.

Our primary Wifi and communication system at Base Camp will be an open link to our Starlink system just for our team. Phones, computers, tablets etc can connect to the Starlink.

In addition, Everest Link wifi scratch cards can be used at base camp, so that you can use your own computer or phone for internet usage. Please note that this card will work with one device. The data usage is trackable so you can see how much data you have remaining at any time, additional cards are available for your own purchase if you would like or want a second card for a different device such as a laptop.

We will have a satellite telephone that you can use free of charge if needed.

Note: You do need to be aware there are times when the Everestlink wifi signal is down or equipment needs to be adjusted by the technician, so please don't rely on wifi as a constant entertainment outlet while at base camp. It is a good idea to bring a tablet for reading or download many TV shows, podcasts or movies on a phone, so that you can take afternoons in your own base camp tent, we will also have quite a lot of playing cards, board games etc. and team movies for entertainment on select evenings.

During the TREK to Base Camp you can buy Wifi from each teahouse if you would like for a small fee each night. You can buy much more inexpensive Everest Link Cards along the way that cover several villages. But will not work at base camp. These are more like \$20 usd for 2G of data or something along these lines.

Our team will post dispatches with text and photo descriptions most commonly on the Mountain Professionals Social Media Channels - Instagram and Facebook. For the most up to date news, instruct family and friends to follow our accounts.

Instagram: @mountainprofessionals

Facebook: Mountain Professionals

We will from time to time do larger blog posts on the Mountain Professionals website under the NEWS tab. Friends and family can follow the adventure here but these are more infrequent:
<http://www.mtnprofessionals.com/home/news.php>

A Note on Diamox

While on the climb, it may be helpful to use a drug called Diamox. This is a prescription drug that helps climbers acclimate faster and can be taken prophylactically to help your body begin producing

red blood cells faster. If you are interested in taking this drug, please consult your doctor. We do carry Diamox in our First Aid kit, but do not have enough to supply every climber.

Additional Information:

International travel to developing countries is exciting and new to many folks. Please start taking precautions regarding your health from the moment you step onto the plane for travel. This should include washing hands regularly and drinking only bottled water from this point until you reach your home country. It is recommended that you brush your teeth with bottled water while traveling in Nepal.

On the trek and mountain, you will be able to fill your water bottles each morning from boiled thermos containers. Many trekkers decide to just buy bottled water for trekking days.

It is a very good idea to bring some Imodium in case of traveler's diarrhea. Low level pain medication such as Ibuprofen and/or aspirin with codeine can also be useful for bad headaches or stomach cramps with diarrhea.

Please bring 2 small personal bottles of Purell (alcohol) type hand-sanitizer. This is good to always just have around in the lid of your pack during the trek to base camp, sitting around in tea houses etc. Note that you can buy hand-sanitizer now in most little villages along the way to the base camp in shops.

Contact Information

Mountain Professionals Direct Line:



(1) 303.956.9945



admin@mtnprofessionals.com

Main Contact: Ryan Waters, Director

Secondary Emergency Contact While on Expedition:

Dave Elmore, Expeditions Manager



daveelmore@mtnprofessionals.com

Insurance and Embassy Details

*We Require that you have a Rescue Insurance section in your policy. If your current insurance does not cover you then the best resource for buying a policy is Global Rescue. Mountain Professionals is an Affinity Partner with this company.

Global Rescue - <http://www.globalrescue.com/mtnprofessionals>

Travel and Trip Cancellation Insurance is optional but recommended, Please check with your insurer to see if you are covered on travel. Here are resources.

Travel Guard - www.travelguard.com (USA Residents)

IMG Global Insurance - www.imgglobal.com (Any Nationality)

If you were to leave the expedition prior to our scheduled departure, you will be responsible for any costs incurred. Therefore Insurance is a must especially considering the cost to use aircraft to evacuate from the mountains or upper camps.

Trip Insurance:

Travel Guard



www.travelguard.com

Rescue Insurance:

Global Rescue



www.partner.globalrescue.com/mtnprofessionals/

Mountain Professionals Lhotse History

Our company has been leading safe and successful expeditions to the Himalayas and beyond for over 18 years. We provide high quality logistics, staff, and safety procedures and the expedition is led by American, professional mountain guides. These days, there are all kinds of companies offering trips to climb Mt. Lhotse with varying degrees of style, quality, safety procedures and price.

We feel that we offer the best program for climbing Mt. Lhotse, which has the highest quality services at a more competitive price. Our staff of guides and climbing Sherpas provide personalized attention to each and every client from the sign up phase, all the way to the summit day. To us, you are not just a number, as is the case with many expeditions that can have upwards of 30 climbers on their departure.

This style of business is relying on quantity of sign ups over quality of their staffing and services. We travel as a group and we prefer small teams which climb as a unit with professional mountain guides. This allows us to provide support for each other, give encouragement, and consistent information on the route or what's to come in the days ahead. Nightly team meetings with your expedition team leader allows great communication and information to be exchanged.

Your expedition leader and one of the main mountain guides will be Ryan Waters. He has personally guided expeditions that have placed 38 foreign clients on the summit of Mt. Everest. Ryan is a veteran of 10 expeditions to Mt. Everest, leading groups to the summit via both the Tibet and Nepal sides with 8 personal summits of Everest thus far. His other Himalayan experience includes 3 expeditions to Lhotse, 3 expeditions to Manaslu, Dhaulagiri, 7,200 meter Pumo Ri and the first ascent of 6,166m Jabou Ri in Nepal. He has led 3 expeditions to Cho Oyu in Tibet and expeditions to K2, Broad Peak (2 times), and Gasherbrum II in the Karakoram Himalaya of Pakistan.

Our second main mountain guide is Tashi Sherpa. Tashi is a certified UIAGM/IFMGA mountain guide and is the Sirdar or head climbing Sherpa for our Himalayan trips. He has climbed Everest 7 times, as well as ascents of peaks such as Lhotse, Ama Dablam, Baruntse and many more, often leading rope fixing duties. Tashi's areas of focus for the last decade have been in high altitude mountaineering, expedition climbing, and technical alpine climbing, as well as mastering the art of guiding. He regularly receives rave reviews from our Lhotse climbers as a very thoughtful and inspiring instructor.

This allows our climbing team to travel at all times in a 1:3 guide to guest ratio at a minimum, with professional mountain guides. In addition, we often have several of our highly qualified and skilled climbing Sherpa guides along with our team for support on rotations. Specifically for summit day, each climber has a personal climbing Sherpa tasked to their guest. In addition we utilize a roaming extra climbing Sherpa to assist, on top of all the other staff. Therefore, our staff to guest ratio is much greater than 1:1. This is the highest ratio in the industry.

We look forward to climbing Mt. Lhotse with you and please do not hesitate to send questions directly to the expedition leader:

Ryan Waters ryanwaters@mtnpersonals.com +1 303 956 9945

Payment and Deposit Information:

Once you decide to sign up for your specific program, we will forward the additional information to you for the progression of the program. Included will be the sign up deposit and payment information.